



Overnight Packing List

To help you arrive with everything you need, we've created this packing list for you, complete with suggestions. If you have any questions regarding what you should bring or what is provided, give our friendly reservations staff a call! (530) 626 - 4187.

Sleeping Gear

Tent is included in your OE program. If you wish to use your own tent please bring it.

- Sleeping Bag (available for rent)
- Sleeping Pad (available for rent)
- Pillow
- Blanket (optional)

Warm Clothes

- T-shirt - 2
- Pants - 2 pairs
- Socks - 2 pairs
- Closed-toe Shoes (good for hiking)
- Thermals
- Fleece/Jacket
- Swimwear
- Rain Jacket (recommended on early spring or late fall trips)

Toiletries

- Toothbrush, toothpaste, & floss
- Hair Brush
- Towel
- Shampoo
- Soap
- Zip-Lock bag for toiletries

Miscellaneous Gear

- Headlamp/Flashlight
- Sunscreen
- Sunglasses (keeper cord recommended)
- Insect Repellent
- Sunhat
- Reusable Water Bottle
- Medications
- Acoustic instruments, if desired
- Campfire stories or poems

We strongly recommend wearing wool or fleece in early Spring. We do NOT recommend cotton or denim.

Rafting Gear

- Closed-Toes Shoes (water shoes or tennis shoes work! **NO SANDALS**)
- Swimwear
- Sunshirt
- Leggings/Pants that you can swim in
- Reusable Water Bottle
- Wetsuit for rafting or river skills programs (available for rent)
- Paddle jacket for rafting (available for rent)